



SOUTHVIEW ACRES
Health Care Center

EXAMPLE MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Pastry or Toast Fruit</p> <p>Brunch Scrambled Eggs Sausage Patty Pancakes Oatmeal Peaches</p> <p>Afternoon Snack Pineapple Cottage Cheese</p> <p>Supper Hot dog Kraut Potato Wedges Baked beans Assorted Pies</p> <p>Evening Snack PB on White</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Muffins Fruit</p> <p>Brunch Cheesy Cauliflower Soup Omelets Bacon Potatoes Cream of Wheat Fruit Cocktail</p> <p>Afternoon Snack Snickerdoodle Cookie Sugar-Free Jello</p> <p>Supper Turkey Mashed Potatoes Green Peas Chocolate Cake</p> <p>Evening Snack Salami on Wheat</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Donut holes Toast Fruit</p> <p>Brunch Garden Veg Soup Egg Casserole Sausage Links Oatmeal Fresh Berries</p> <p>Afternoon Snack Deviled Egg Half Oatmeal Raisin</p> <p>Supper Glazed Baked Ham Scalloped Potato Capri Veggie Blend Dinner Roll Ice Cream</p> <p>Evening Snack Cheese on Wheat</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Iced Cinn Roll Toast Fruit</p> <p>Brunch Cream of Broccoli Soup Cheesy Egg Bake Bacon Cream of Rice Grapes</p> <p>Afternoon Snack Ice cream sandwich Cheese & Crackers</p> <p>Supper Salisbury Steak Mashed Potatoes Buttered Carrots Lemon Bar</p> <p>Evening Snack Turkey on Wheat</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Cinn Coffee Cake Toast Fruit</p> <p>Brunch Bean & Bacon Soup Fried Egg Biscuits & Gravy Oatmeal Pineapple</p> <p>Afternoon Snack Oreo Cookies Carrot & Raisin Salad</p> <p>Supper Chicken Thigh Baked Potato Mixed Veggies Cake</p> <p>Evening Snack PB & Jelly on Wheat</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Cornbread Toast Fruit</p> <p>Brunch Tomato Basil Soup Scrambled eggs Sausage Links Cream of Wheat Apricot Halves</p> <p>Afternoon Snack Banana Vanilla Wafers</p> <p>Supper Grilled Salmon Rice Pilaf California Blend Veggies Ice Cream</p> <p>Evening Snack Ham Salad on wheat</p>	<p>Breakfast Choice of Juice/Cereal Hard boiled Eggs Donuts Toast Fruit</p> <p>Brunch Baked Potato Soup French Toast Bacon Oatmeal Banana</p> <p>Afternoon Snack String Cheese Apple Slices</p> <p>Supper BBQ Pork Riblet Mac & Cheese Green Beans Frosted Brownie</p> <p>Evening Snack Cheese on Wheat</p>